

**ALLERGY FRIENDLY SAFE SNACK LIST**

The following is a list of foods that **DO NOT** contain nuts or peanut butter in accordance with the Crossings guidelines regarding CCS students with peanut and tree nut allergies. Please bring all snacks in the original packages so that teachers can read the ingredient labels. For birthdays and classroom parties, please use the sweet treats from this list only. THANK YOU for partnering together to keep our children safe.

**POPCORN**

*Act II and Orville Redenbacher’s Microwave Popcorn* – butter flavored

*Skinny Pop* *Popcorn*

*Smartfood Popcorn* – white cheddar, butter

*Pirate’s Booty* – white cheddar

**CEREAL/GRANOLA BARS and TOASTER PASTRIES**

*Cascading Farms Granola Bar* – chocolate chip and vanilla chip

*Nutri Grain Cereal Bar* – blueberry, strawberry, apple cinnamon, blackberry, mixed berry, raspberry, cherry, pomegranate

*Special K Bar* – blueberry, strawberry, chocolatey drizzle, vanilla crisp

*Kellogg’s Pop Tarts* – brown sugar, cinnamon, blueberry unfrosted, unfrosted strawberry, frosted apple, frosted strawberry, frosted wild berry, frosted cherry, low fat frosted strawberry,

*Nabisco Honey Maid Soft Snack Bar* – oatmeal raisin, blueberry

**GRAHAM CRACKERS/ANIMAL CRACKERS/ WAFERS**

*Keebler Grahams* – original, cinnamon, honey

*Keebler Scooby-Doo Graham Cracker Sticks* – honey, cinnamon

*Nabisco Grahams* – original

*Nabisco Honey Maid Graham Cracker Sticks* – honey, low fat honey, cinnamon, low fat cinnamon, chocolate, fresh stacks

*Teddy Grahams* – cinnamon, honey, chocolate, chocolatey chip, mini

*Nabisco Bug Bite Graham Crackers*

*Nabisco Barnum’s Animal Crackers*

*Nabisco Vanilla Wafers*

*Keebler Vanilla Wafers* – original, mini

**CRACKERS**

*Cheese Nips* – cheddar, reduced fat cheddar, SpongeBob Square Pants

*Cheez-it* – original, reduced fat, big, white cheddar, reduced fat white cheddar, Scrabble Junior, cheddar jack, pepper jack, baby swiss, colby, whole grain, gripz

*Cheez-it* – snack mix

*Goldfish* – baby cheddar, cheddar, colors, mix-up, parmesan, pizza, pretzel, saltine, whole grain

*Goldfish Favor Blast* – xplosive pizza, xtra cheddar

*Goldfish 100 Calorie Pouches* – cheddar, pretzel

*Keebler Wheatables* – golden wheat, toasted honey wheat

*Keebler Saltine Crackers* – zesta originals

*Keebler Townhouse Originals*

*Keebler Scooby-Doo Cheddar Crackers*

*Kellogg’s Special K Crackers* – multi-grain, savory herb

*Kraft Hand-Snacks* – breadsticks n cheese dip, mister salty pretzels n cheese dip

*Nabisco Premium Soup & Oyster Crackers*

**COOKIES/MUFFINS/DONUTS**

*Chips Ahoy* – chocolate chip, chunky, chewy, white fudge chunky, mini

*Nabisco 100 Calorie Packs* – Chips Ahoy Thin Crisp, Lorna Doone Shortbread

*Nabisco Ginger Snaps*

*Newtons* – original, fat free, whole grain, strawberry, raspberry

*Oreos* – original, double stuff

*Little Bites Muffins* – chocolate chip, blueberry, fudge brownie

*Keebler* *Animal Frosted Cookies*

*Keebler Fudge Stripes*

*Keebler* *Grasshoppers*

*Handi-Snacks Oreo*

*Hostess Donettes* – powdered

*Hostess Chocolate Cupcakes*

*Mrs. Thinster’s Cookiethins* – chocolate chip

**CANDY/MARSHMALLOW/SWEET TREATS**

*Kraft Marshmallows* – original, mini

*Charms Blow Pops*

*Dots*

*Tootsie Pops* – cherry, grape, chocolate, orange, raspberry

*Tootsie Rolls*

*Junior Mints*

*Sugar Babies*

*Dum Dum Pops*

*Good and Plenty*

*Kraft Caramels*

*Lifesaver Hard and Gummies*

*Milk Duds*

*Pez*

*Push Pop*

*Red Vines*

*Rolos*

*Skittles* – all

*Smarties*

*Sour Patch Kids*

*Sour Patch Straws*

*Starburst* – all

*Starburst Gummies*

*Starburst Jellybeans*

*Swizzlers* – all wrapped varieties

*Whoppers* – Original

*Charleston Chews*

*Hershey’s* – regular sized bars

*Hershey’s Chocolate Kisses* – original, dark, (no holiday packages)

*Kellogg’s Rice Krispies Squares Original*

**FRUIT BARS/POPSICLES**

*Dole Fruit Bar* – strawberry, grape, raspberry

*Minute Maid Juice Bar* – cherry, grape, orange

*Breyers Pure Fruit Bar* – strawberry, orange, raspberry

*Popsicle* – orange, cherry, grape

*Fudgsicle Fudge Pop*

**CRACKERS**

*Nabisco Flavor Original Better Cheddars*

*Nabisco Premium Saltines*

*Nabisco Chicken in a Biskit*

*Nabisco Wheat Thins*

*Nabisco Triscuits*

*Nabisco Ritz Crackers* – NOT the sandwiches

*Nabisco Ritz Sticks*

*Wheat Thins Original*

**CHIPS/ PRETZELS**

*Rold Gold* – thins, sticks, rods, tiny twists, lightly salted tiny twists, tiny twists cheddar, tiny twist honey, mustard, sourdough, honey wheat, butter checkers, snack mix and munchies

*UTZ* – Halloween pretzels (usually at SAMs)

*UTZ* – cheese balls

*Doritos*

*Sun Chips* – original, cheddar, French onion, garden salsa, parmesan garlic

*Stacey’s Pita Chips* – simply naked, cinnamon sugar

*Tostitos*

*Popchips* – BBQ, cheddar and sour cream, salt and vinegar

*Pringles* – original, 100 calorie packs original

*Ruffles Original*

*Lays Classic*

*Cheetos* – puffs, crunchy, baked

**FRUIT SNACKS/FRESH FRUIT/VEGGIES**

*Betty Crocker* – fruit roll-ups

*Betty Crocker* – fruit by the foot

*Betty Crocker Fruit Flavored Snacks* – Dora, Scooby-Doo, SpongeBob, shark bites

*Cliff Kid Organic Twisted Fruit* – strawberry, mixed fruit

*Fruit Gushers*

*GoGo Squeeze Applesauce*

*Motts Applesauce* – cups and pouches

*Ocean Spray* – craisins

*Sun-Maid* – raisins

Apples

Bananas

Carrots

Celery

Grapes

**DAIRY/MEAT**

*String Cheese*

*Cheese Cubes*

*Yoplait Yogurt and Go-gurt*

*Jell-o Pudding and Gelatin Cups*

*Hunts Snack Pack Pudding* – vanilla, chocolate

*Pre-packaged Lunchmeat* – not deli

**CEREAL** *Cheerios Original****,*** *Chex, Kellogg’s Fruit Loops*